

Information About the Intensive Toilet Training Clinic

Intensive Toilet Training Clinic

St. Lawrence College will be running an intensive toilet training clinic at the Centre for Behavioural Studies in December 2018 for children ages 2.5-6 that are not yet toilet trained.

What does the intensive toilet training clinic entail?

- *Toileting 101 workshop at the Centre for Behavioural Studies (1.5 hours)- Dec 3, 2018; 6:30-8:00*
- *Parents/caregivers do 1 week of data collection before toilet training starts*
- *Individual parent coaching session in the child's home (up to 1 hour)- date/time negotiated with the clinician*
- *Weekly follow up (15-30 minutes) via Skype for up to 4 weeks- date/time negotiated with the clinician*

When and how long is program?

The intensive toilet training program will be completed over the course of 4-5 weeks, starting the beginning of December. During this time, parents/caregivers will attend a 1.5-hour group workshop with other parents/caregivers to learn the basics of our toilet training program. During the week following the workshop parents/caregivers will collect some data so that the clinicians can determine the best place to start the toilet training. The next step is, a clinician will come to the home once and provide modelling, coaching, and feedback on the toilet training program. Every week thereafter, parents/caregivers will have weekly contact with the clinician over Skype so that he/she can monitor the child's progress with toilet training. The clinician may request video if the child is not progressing with the program the way we would hope.

Where is the Centre for Behavioural Studies?

A completely renovated, purpose built and accessible clinic space is located in the Newcourt House building on the corner of King Street and Country Club Drive (southwest corner of the college campus, near the residences).

Who is providing the program?

Behaviour therapists and clinical supervisors from the Centre for Behavioural Studies will be running the intensive toilet training program. Please note that because the Centre provides many learning opportunities for students from the Behavioural programs at St. Lawrence College, some students may be present at the workshop. See www.centreforbehaviouralstudies.ca for information about our staff.

How much does it cost?

\$250 is the total cost for the program.

Who is eligible for this service?

- *Parents/caregivers of children under 6*
- *Parents who have the time to dedicate to all aspects of the program*
- *Parents with access to a reliable internet connection and ability to video conference*
- *This program is capped at **10 children***

How do I sign up?

Complete the Request for Services form on the Centre for Behavioural Studies website at www.centreforbehaviouralstudies.ca and indicate that you would like to sign up for the Intensive Toilet Training Clinic.