



March 2022 Newsletter



CBS Professional Speaker Series

Thanks to everyone who attended the first session of the Professional Speaker Series on **Wednesday, March 2nd, 2022**. It was an excellent opportunity to learn how these three professionals began and built their careers in the field of behavioural science. We heard from three inspirational speakers: Rachel Greenwood (ABI Case Manager, Rehab Consultant), Michelle Lane-Barmapov (Founder of Montessori ABA), and Stafford Murphy (Executive Director at Resolve Counselling).

Session 2: Wednesday, March 23, 2022, 11:30 AM - 1:00 PM

Mark your calendars for the Professional Speaker Series: Session 2, as we welcome Scott Bark (Director of Autism Services, Kinark Child & Family Services), Gerry Bernicky (Director TRE-ADD, SSP, and Urgent Response Services, Surrey Place Centre), and Laura Cavanagh (Coordinator of the Behavioural Sciences program at Seneca College).

Click [HERE](#) to register!

Session 3: Wednesday, March 30, 2022, 11:30 AM - 1:00 PM

Speakers to be announced. Stay tuned for more information!

CBS Placement Student

CBS is excited to welcome Payton Gaull on placement starting March 8th. Payton is a third year student in the Honours Bachelor of Behavioural Psychology Program. We are happy to have Payton join the team!

Student & Faculty Research: Fear of Public Speaking

Do you experience a fear of public speaking? Do you get anxious when presenting in class or virtually? Chelsea Cayer, Marie-Line Jobin, and Sara Beck from the Honours Bachelor of Behavioural Psychology program conducted a research study to determine St. Lawrence College students' public speaking fear experiences. In addition, a comprehensive review of existing research literature was completed to identify evidence-based practices to reduce and increase public speaking skills. Based on the findings, recommendations have been made to create a Public Speaking Confidence Building Group to be offered at the Centre for Behavioural Studies in the future. If you would like information about the results of this study please contact Chelsea Cayer at chelsea.cayer@student.sl.on.ca, and if you are a student interested in attending this group, stay tuned for more information next fall!

Climate Champs - Info Session

If you are interested in discussing, learning, or conducting research about the climate crisis and what we can do about it, please consider joining us for a one-hour launch event where we will share a brief presentation about this important topic and brainstorm ideas together!

Tues., March 29, 2022

12:00 PM - 1:00 PM

Click [HERE](#) to join the
MS Teams meeting

Questions? Email
mshaver@sl.on.ca

CBS Student Committee

If you have not yet expressed your interest in joining the Student Committee, please email Cadence Cairns as soon as possible to receive an invitation to our first meeting this month!



Our research is driven by our common goal to change human behaviour for the betterment of our climate.

Who are the Climate Champions?

We are an interdisciplinary team of researchers, students and community members dedicated to addressing the problem of climate change at a local level.

What are our Values?

Our values include scientific knowledge, energy systems technology, behavioural science, and evidence-based practices for creating solutions to the climate crisis.

I AM A CLIMATE CHAMPION

 Centre for Behavioural Studies
 St. Lawrence College

 footprint
 St. Lawrence College