



St. Lawrence
College

Centre for Behavioural Studies

January 2022 Newsletter

Monthly Update

At CBS, we are excited to be working with Faculty to plan a variety of programs, projects, and events in 2022. We are having the first meeting of our Planning and Review Committee on January 13th. Stay tuned!

Upcoming Opportunity: Speaker Series

Students of the Behavioural Science Programs will be invited to attend sessions to learn about the experiences and interests of faculty, graduates, and professionals in the field of behavioural science. CBS welcomes students, staff, and graduates to express an interest in providing a short presentation along with a question and answer period. Get in touch!

Update to Clinical Services

As of January 2022, CBS has shifted its focus for services. At this time, CBS is not offering individual clinical services. However, we are planning some much needed group-based services. We now have a mailing list for families so we can inform them of opportunities. We no longer maintain a waiting list. As we develop our services, we welcome your ideas!

Faculty Corner

Pamela Shea, M.ADS, BCBA, and BPSYC Professor is passionate about applying principles of behavioural science and organizational behavioural management to global issues including environmentalism and sustainability. Please read Pam's article on the next page and consider joining **Climate Champs** at SLC!



Extending the Reach of Behavioural Science

“In the face of a world likely to change in ways that are impossible to predict, diversity may be the ultimate key to survival. Behavior analysts can do many things well and, as I have suggested previously, it is probably to our current and future advantage as a discipline to broaden our scope as much as possible, especially by focusing on current problems that are likely to endure...” (Poling, 2010)¹

Check out this article to learn something new about the far-reaching applications of ABA!

[ABAI: Applied Behavior Analysis Subspecialty Areas](#)

Check It Out!

Wed., Jan. 12, 2022, 3:30PM

[A Speech-Language Pathologist's Suggestions to Common Behavior Analyst Questions](#)

- ♦ Janino Shapiro, SLP, BCBA, shares tips from her experience integrating the disciplines of SLP and ABA.

[The Behaviour Speak Podcast](#)

- ♦ Ben Reiman, M.A., BCBA interviews professionals working in the fields of ABA, ACT, PBS and more to discuss current issues and topics of interest. CEUs available for each episode!

Recommendations

Submit recommendations for articles, events, podcasts, or more to cbs@sl.on.ca to be featured in a future newsletter.

Student Involvement

- ♦ Hey students! Are you interested in getting involved at CBS this semester? Please fill out the [CBS Student Volunteer](#) form to tell us how.
- ♦ CBS is working on a variety of projects and proposals—but we are always open to your ideas! Let us know what kinds of groups, opportunities, and events would you like to participate in at CBS by contacting rcairns@sl.on.ca

¹Poling, A. (2010). Looking to the future: Will behavior analysis survive and prosper? *The Behavior Analyst*, 33(1), 7–17. <https://doi.org/10.1007/BF03392200>

Using Behavioural Science to Tackle Global Issues

Pamela Shea, M.ADS, BCBA

B. F. Skinner asked: "Why are we not acting to save the world?" If we take a moment to read news headlines, it is easy to become overwhelmed with global social issues that our world is facing such as pandemics, poverty, genocide, and climate change. Although attempts have been made to resolve these global problems, they continue to cost lives and threaten our planet. These human-created global problems are related to challenging and complex human behaviours. Behaviour analysis is a science that studies environmental variables influencing human behaviour. This science focuses on prediction and creation of interventions that change behaviour in a socially significant way. We have a unique and important expertise, and we have a social responsibility to add our voices, to use our science, to be part of the solution.

If you have a particular interest to adding your voice you may be interested in a new special interest group (SIG) within ONTABA. The Ontario Behaviourists for Social Responsibility (BFSR) aims to expand applications of behaviour science addressing social issues, particularly those of social justice, human rights, and environmental implications. Goals of the group range from providing motivation and reinforcement for this work, fostering research, encouraging behaviour scientists and practitioners to take practical action challenging oppression, in solidarity with those who are most at risk; expanding public awareness of behavior analytic principles and practices that can contribute to addressing social and environmental issues; and expanding presentations and programming related to social issues at both the ONTABA annual convention, the ABAI annual convention and other scientific and professional venues. Anyone interested in joining, please email your interest to BFSR.SIG@gmail.com

At St. Lawrence College we have our own group called Climate Champs. This interdisciplinary team of researchers, students and community members is dedicated to solving the problem of climate change at a local level. Currently the two areas of research are (1) increasing the consumption of plant-based foods in our college cafeteria and (2) changing energy consumption levels in college dormitories. When in person classes begin, research will begin on increasing plant-based foods within the college.



Meat consumption behaviours contribute significantly to global greenhouse gas emissions. The climate impact of food and agriculture is estimated to account for 19–29% of global greenhouse gas (GHG) emissions, with ruminant meat accounting for 18%. Overconsumption of meat contributes to a range of sustainability issues beyond and related to climate change, deforestation, desertification, biodiversity loss, water scarcity, and food and water insecurity. Reducing meat consumption through shifting to a more plant-based diet is a strategy that we can all participate in, but how can we change this human behaviour?

Would you like to be part of exploring if we can change this behaviour in the college? Are you wondering how you can become involved, to become a "climate champion" in our college community, become a leader in modelling pro-environmental behaviours on campus and help with research within our college?

We invite you to express your interest by completed the online [CBS Student Volunteer](#) form. Join Climate Champs to use behavioural science strategies to tackle global issues!

