

## Information About the Life Skills Assessment Clinic

### Life Skills Assessment Clinic

*St. Lawrence College will be opening a clinic at the Centre for Behavioural Studies in November 2018. In this clinic, we will offer life skills assessments for adolescents and young adults aged 15-21 with Autism Spectrum Disorder (ASD) in preparation for the transition to adulthood.*

### What is a life skills assessment?

*The Assessment of Functional Living Skills is a helpful tool for individuals with ASD, and their parents, educators, and service providers in understanding strengths and areas for development as they relate to life skills such as: shopping, leisure skills, cooking, public transportation, organizational skills, money management etc. Upon completion of the assessment, a written report will be provided, which can be shared with anyone the individual with ASD or their caregiver chooses. Please note that curriculum assessments are not a diagnostic tool.*

### When and how long are the sessions?

*The assessments will be completed over the course of 4 weeks, starting the week of November 19, 2018. During this time, participants will attend 2-hour group sessions twice weekly from 3:30-5:30. These sessions will include a variety of activities and outings, as well as one to one interviews during which participants will answer questions about their knowledge and experience.*

### Where is the Centre for Behavioural Studies?

*A completely renovated, purpose built and accessible clinic space is located in the Newcourt House building on the corner of King Street and Country Club Drive (southwest corner of the college campus, near the residences).*

### Who is providing these sessions?

*Students of the Autism & Behavioural Science Graduate Certificate program will conduct the assessments under the guidance and supervision of a Behaviour Therapist or Clinical Supervisor. Note that students may run some of the sessions independently.*

### How much does it cost?

*\$200 is the total cost which includes: materials, completion of the assessment, supervision, a written report, and a follow up meeting to review results upon your request. We also ask that each participant have access to \$30-50 for incidental expenses during outings over the course of the 4 weeks.*

### Who is eligible for this service?

*Individuals aged 15-21 with a diagnosis of ASD are welcome to indicate their interest as per the directions below. A clinician from the Centre for Behavioural Studies will speak with you to determine if this service is the right fit, and if not, will refer you to other available services that we offer.*

### How do I sign up?

*Please visit our website (below) and fill out a "Request for Services" form quoting the "Life Skills Assessment Clinic" on the form.*

<https://www.centreforbehaviouralstudies.ca>