

MySaskHealthRecord 帐户注册指南



注册 MySaskHealthRecord 帐户时，**为了您的数据的安全和隐私，建议您在最佳使用台式或笔记本电脑的环境下进行注册，并仅用谷歌浏览器或火狐浏览器。**注册成功后，**计算机和移动设备**（如智能手机及平板电脑）皆可用于登录。

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1. **步骤 1**，进入 [MySaskHealthRecord registration 注册页面](#)，点击“Create Account”创建一个 Saskatchewan.ca 帐户。 [MySaskHealthRecord Registration](#)

注意：如果您已**有经建立** Saskatchewan.ca 帐户，请直接跳转至步骤 8。

2. 填写下列信息：名字，姓氏，电子邮箱，用户名**和**密码。

3. **选择一个四位数的“Saskatchewan Support Code”（萨省服务支持码）。此码在您拨打向萨省政府的客服电话寻求帮助时，有助于核实确认您的 Saskatchewan.ca 帐户。**

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May 21, 2026

MySaskHealthRecord 帐户注册指南



4. 点击 “[I hereby accept and acknowledge \(我接受并确认\)](#)” 前的“我接受并确认”方框，接受萨省政府的“使用条款”，之后勾选 “I’m not a robot ([我不是机器人](#))” 通过验证，点击 “Continue ([继续](#))” 按钮。

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5. 当您看到屏幕上显示 [一条信息](#) “Check Your Email ([查看您的邮件](#))” 时，请登录您创建 Saskatchewan.ca 帐户时使用的电子邮箱。

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注意：激活您帐户的邮件或许需要长达 10 分钟才能送至您的电子邮箱。若您的收件箱中未收到激活邮件，请检查您的垃圾文件夹。若未收到该邮件，请尝试重新注册，并确保您的电子邮箱地址正确无误。您也可以[通过 Saskatchewan.ca/contact-us](#) 网页请求再次发送激活邮件。在线表格中（举例如下），[Subject of your message \(主题\)](#) 中请填写

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“Missing Activation Link”（未收到激活链接），请求再次发送激活邮件至您注册时所使用的电子邮箱。

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May 21, 2026

Email Us

Phone Us

Use the form below to ask a question, report a problem or suggest an improvement for our website.

We aim to respond to inquiries within 5 business days. Our business hours are Monday to Friday, 8 a.m. to 5 p.m. CST.

Full Name

Email

Topic

Select a topic

This helps us direct your message to the most appropriate person.

Subject of your message

Briefly describe the reason for your message

MySaskHealthRecord 帐户注册指南



6. 打开来自 no-reply@saskatchewan.ca、主题为“Activate Your Saskatchewan Account” (激活您的 **萨斯喀彻旺帐户**) 的电子邮件，点击“Click this link to sign in and activate your Saskatchewan Account” [登录和激活帐户](#)。

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7. 在点击链接激活您的帐户之后，您将看到 **信息** “Your account has been successfully activated” (您的帐户已成功激活) **信息**。

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注意：收到此信息后，请关闭 Saskatchewan.ca 网页 (此时**请勿**登录您的 [Saskatchewan.ca](#) 帐户)。

8. **回到 [MySaskHealthRecord registration](#) 注册页面访问 [eHealthSask.ca](#)，选择 [MySaskHealthRecord](#) 主菜单 ([eHealthSask.ca/MySaskHealthRecord](#))。点击**步骤 2** 中的**

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“[Validate Identity](#)” ([身份验证](#)) 按钮，

继续您的 [注册MySaskHealthRecord](#) 的注册。

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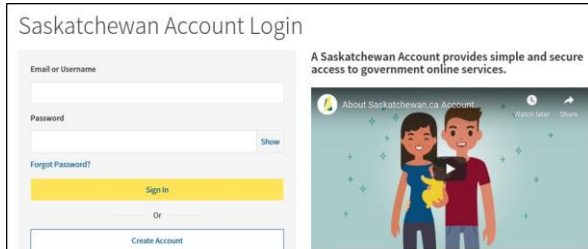


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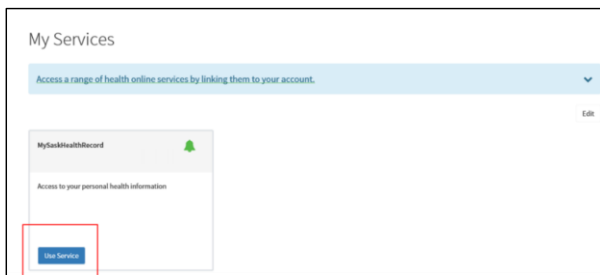
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May 21, 2026

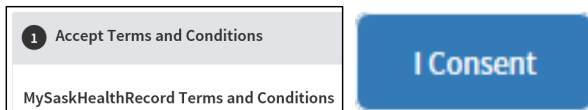
9. 使用您的 Saskatchewan.ca 用户名及密码，登录您的帐户。



10. 在 “My Services” [\(我的服务\)](#) 页面上，选择 MySaskHealthRecord 框中的 “Use Service” [\(使用服务\)](#)。



11. 将页面下拉至 MySaskHealthRecord 条款和条件内容的底部，选择 “I consent” (我同意)。



MySaskHealthRecord 帐户注册指南



12. 检查 MySaskHealthRecord 的 “Prerequisites (必备条件)” 清单，之后点击 “Next”。

13. 完成下列信息：姓氏、名字、客户号码 (SGI 证件正面上方的编码) 及验证码 (SGI 证件背面左下方编码)，以验证您附照片的 SGI 证件 (即驾照) 的详细信息。

勾选 “Consent to Disclose” 框，点击 “Next”。您填写的姓氏必须与有您附照片的 SGI 证件以及萨省健康卡上的姓氏一致；填写的全名必须与有您照片的 SGI 证件上的全名一致，全名中可能包括中间名首字母或中间名。

注意：请确保有您附照片的 SGI 证件为最新签发，并确保输入的名字及验证码与卡上的完全一致。

验证码必须是十位数字；若您的验证码只有九位，请在前面加上一个 0。

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Saskatchewan

May 21, 2026

14. 检查 MySaskHealthRecord 的“Prerequisites (必备条件)”清单，之后点击“Next”。

15. 确认填写您的健康卡相关信息。输入健康卡信息之后，点击“Next”。确保输入的是您的全名，请勿用名字首字母或缩写，请勿在健康卡号或邮政编码中添加空格。确认输入信息正确之后，点击“Next”。

注意：您的信息将与您的萨省健康卡的详细信息进行比对验证。若您需要修改健康卡的信息被要求修改，请访问 eHealthSask.ca/residents/health-cards。健康卡信息的任何更新都需要 24 小时方能生效。

所以在继续您的注册之前，请等待至少 24 小时。

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16. 检查 MySaskHealthRecord 的 “Prerequisites (必备条件)” 清单，之后点击 “Next”。

✓ Accept Terms and Conditions

2 Prerequisites

Thank you, we have all the details we need. Please click "Next" to continue.

Has verified identity using SGI details ✓ Saskatchewan Government Insurance

Has verified identity using SK health card details ✓ Completed

Has created MySaskHealthRecord account

Back Next

3 Notification Settings

Unlink Service
"Unlink Service" removes the service from your account. This will not delete your MySaskHealthRecord data.

17. 您的健康卡详细信息被确认后，[“帐户活动”](#) 信息将会显示。阅读后请点击

Account Activity

eHealth Saskatchewan will send a reminder to your primary email address on file upon any changes to your MySaskHealthRecord access.

If you do not login to your MySaskHealthRecord account for a thirteen month period, your account will be suspended. You will be required to phone the Help Desk at 1-844-767-8259 to reactivate your account.

If you do not login to your MySaskHealthRecord account for a further six months following account suspension, your account will be terminated and any data associated with your MySaskHealthRecord will be removed.

All questions associated with MySaskHealthRecord account suspensions and terminations should be directed to the Help Desk at 1-844-767-8259.

Back Next

18. 当所有的必备条件完成后，您将收到确认信息。点击 “Next”。

2 Prerequisites

Thank you, we have all the details we need. Please click "Next" to continue.

Has verified identity using SGI details ✓ Saskatchewan Government Insurance

Has verified identity using SK health card details ✓

Has created MySaskHealthRecord account ✓

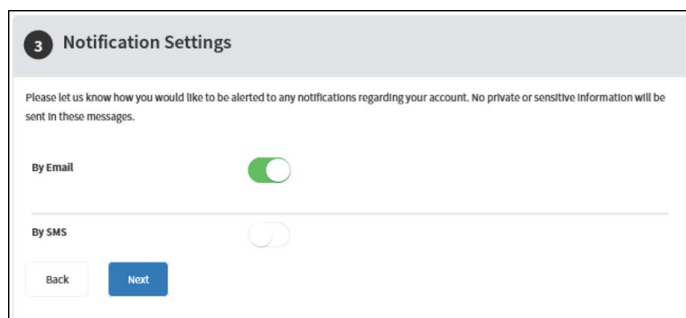
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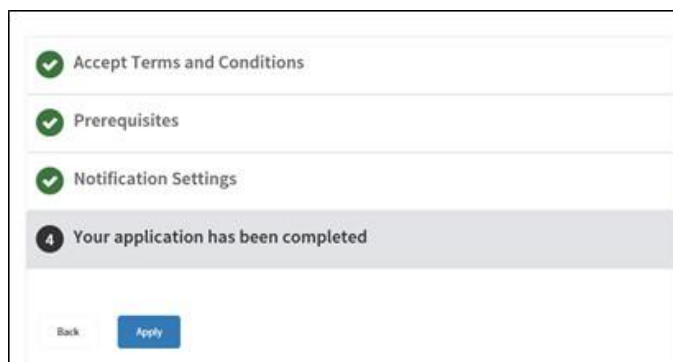
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May 21, 2026

19. 在“Notification Settings”（通知设定）页面上点击“Next”。



20. 至此您的 MySaskHealthRecord 申请完成。点击“Apply”。



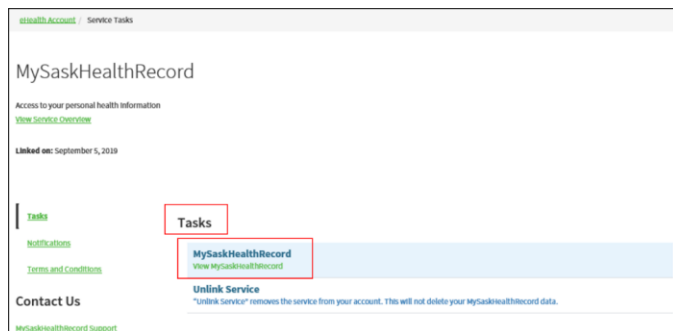
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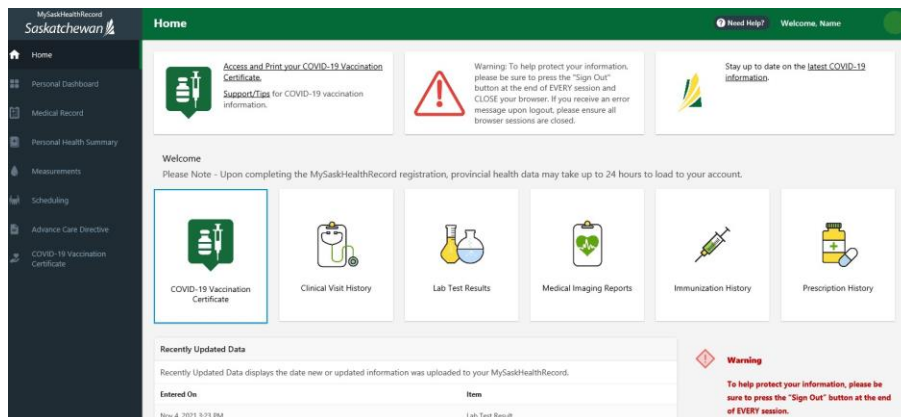
21. 选择标题为“Tasks”下面的“View MySaskHealthRecord”。

注意：省级数据最多需要最多 24 小时才能获得。

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22. 现在您可以进入 MySaskHealthRecord 来浏览您的个人健康信息。



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Saskatchewan

May 21, 2026

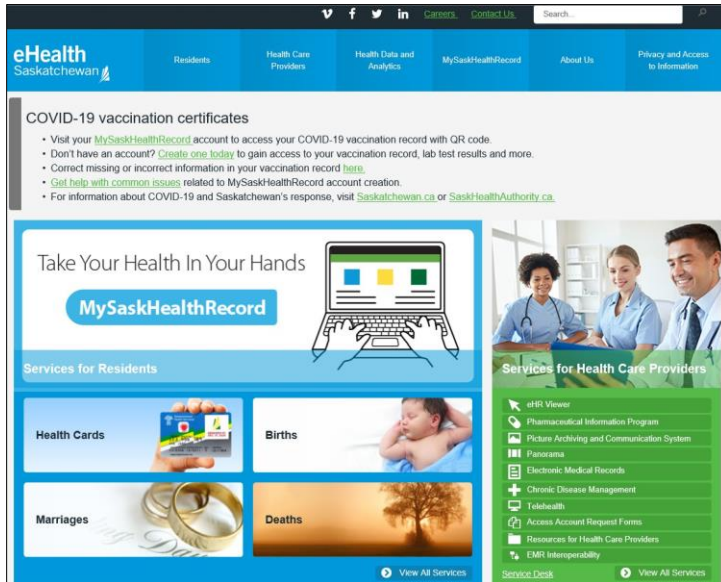
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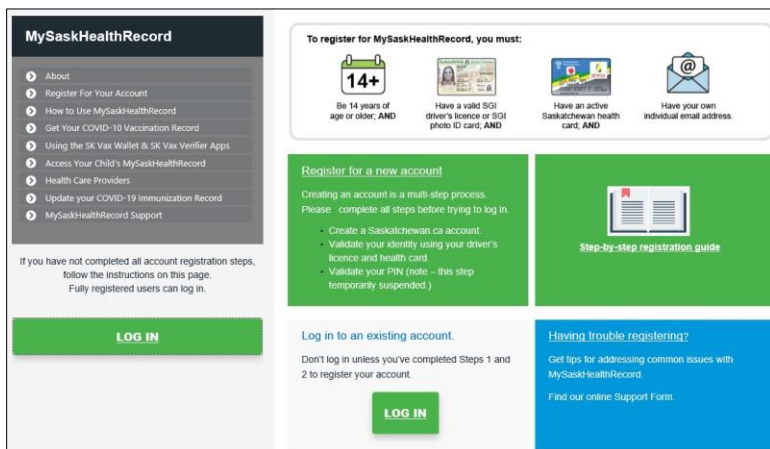
登录 MySaskHealthRecord

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1. 访问 eHealthSask.ca, 点击 MySaskHealthRecord 选项 (eHealthSask.ca/MySaskHealthRecord)。



2. 点击 “Log In” (登录) 按钮, 登录您的 MySaskHealthRecord 帐户。



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May 21, 2026

MySaskHealthRecord 帐户注册指南



3. 用您的 Saskatchewan.ca 用户名和密码登录。

4. 在 “My Services” 页面上，选择 MySaskHealthRecord 框中的 “Use Service” 。

5. 选择 “Tasks” 下面的 “View MySaskHealthRecord” 。

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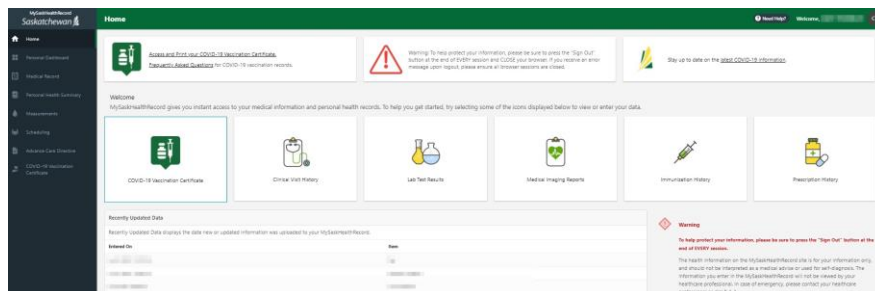
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6. 现在您可以[点击这里](#)进入 MySaskHealthRecord [浏览您的个人健康信息](#)。

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