

CALL TO ACTION

CREATING SUPPORTIVE POST-SECONDARY NUTRITION ENVIRONMENTS

1

Form a Coalition: Consider investing in a model that brings together stakeholders from across the campus community to address the broader food environment.

2

Expand Peer Volunteer Program: Enhance peer wellness programs by integrating a specialization in food skills and nutrition education, along with emphasizing peer-led programming.

3

Implement Emergency Food Access Initiative: Utilize a pantry model, while engaging student volunteers and building in an educational component.

4

Invest in Cooking Together Programming: Implement community/collective kitchens or food demonstrations at each campus to facilitate students cooking, eating and learning together.

5

Build Community Gardens: Apply lessons learned from community gardening initiatives and expand across campuses while building social and community engagement.

6

Enhance Nutritious and Affordable Meal Options: Collaborate with food premise operators, consider establishing guidelines in the RFP processes and commit to the Food Guide Friendly Initiative.

7

Investigate Healthy Vending Options: Explore vending opportunities to increase access to nutritious meals in the evenings and weekends.